

Painting Healthier Smiles		
<b>Primary University Partner</b> School of Dentistry: Division of Oral Epidemiology and Dental Public Health	<b>Primary Community Partner:</b> SFDPH	<b>Neighborhood served</b> Visitacion Valley, Bayview-Hunters Point, Chinatown
<b>Number of learners involved: 30</b>	<b>Associated Course: DPH 199</b>	<b>Interprofessional</b>
<p>This service learning project will continue the partnership of UCSF dental students with the San Francisco Department of Public Health's (SFDPH) Child Care Health Project and Child Health &amp; Disability Prevention (CHDP) Program to integrate oral health screenings, education and fluoride varnish applications as part of the services provided, as well as educate future community service minded dental and medical professionals.. The Child Care Health Project (CCHP), run by SFDPH public health nurses, provides various services to over 3,000 children attending state-subsidized, low-income preschools in San Francisco including basic preventive health education and screenings (dental, vision, hearing); child care site inspections; staff training in emergency response. This year we will continue to open up our elective course – Dental Public Health 199 - to the School of Nursing students, specifically Advanced Practice Nursing students. The goals of this project are to:</p> <ol style="list-style-type: none"> <li>1. Improve the oral health of children from underserved families attending low-income preschools in San Francisco.</li> <li>2. Provide an educational and skills-building experience for dental students and nursing students</li> <li>3. Continue strengthening the partnership between UCSF School of Dentistry, SFDPH's CCHP, and the targeted communities being served.</li> <li>4. Raise awareness of the importance of dental disease prevention in the community.</li> </ol>		
Cribs for Kids		
<b>Primary University Partner</b> School of Nursing: Department of Community Health Systems	<b>Primary Community Partner:</b> SFDPH	<b>Neighborhood served</b> Bayview, Visitacion Valley, Mission District, Western Addition, Tenderloin
<b>Number of learners involved: 1</b>	<b>Associated Course: N415.03</b>	
<p>According to the Centers For Disease Control, Sudden Infant Death Syndrome (SIDS) is defined as the sudden death of an infant less than 1 year of age that cannot be explained after a thorough investigation is conducted, including a complete autopsy, examination of the death scene, and review of the clinical history (CDC, 2012). With all of the uncertainty about the etiology of SIDS, the two factors, in terms of prevention, that remain consistent, reliable and are recommended by the American Academy of Pediatrics, are the practice of placing infants in a supine position while sleeping, and the additional recommendation of sleeping alone in an uncluttered crib (American Academy of Pediatrics, 2011). However, many of the families that DPH serves, this second recommendation is impossible to follow as they lack the financial resources to purchase cribs.</p> <p>The <b><i>Cribs for Kids</i></b> Program seeks to eliminate this barrier by: 1) providing cribs to families that could otherwise not afford them; 2) promoting a safe sleeping environment for infants. The project's ultimate goal -- to reduce reduction in the risk for SIDS -- is one of prevention, a major construct of public health nursing. The graduate student who intern with this project will experience firsthand the role of advanced practice public health nursing in the areas of education, health promotion, prevention and collaboration and evaluation. Participation will ensure that the student meet residency goals in all three areas suggested as residency projects, particularly the needs assessment, program planning, intervention and evaluation option.</p>		

<b><i>¡ADELANTE! ¿Cuál paso tomarás hoy?</i></b>		
<b>Primary University Partner</b> Chicano/Latinos in Health Education	<b>Primary Community Partner</b> Mission Graduates	<b>Neighborhood served</b> Mission District
<b>Number of learners involved: 70</b>		<b>Interprofessional</b>
<p><b><i>¡ADELANTE! ¿Cuál paso tomarás hoy?</i></b> is collaborative project between the students of UCSF's Chicanos/Latinos in Health Education (CHE) and key community partners to promote a healthy lifestyle and community empowerment among youth, children, and parents in the Mission District. Created by the community for the community, youth health educators from Mission Graduates College Connect program, Huckleberry Youth Wellness Academy, the Boys &amp; Girls Club of San Francisco Mission Clubhouse, and John O'Connell and Mission High Schools will choose the topics for the health workshops, create key learning points to evaluate learning, and complete health educator training by CHE students.</p> <p><b><i>¡ADELANTE! ¿Cuál paso tomarás hoy?</i></b> will culminate in a one-day event in the Mission District where children and parents from Bryant, Cesar Chavez, and Marshall elementary schools will participate in health workshops led by youth Health Educators and managed by CHE medical, dental, nursing, and pharmacy students, a health fair, fun and healthy activities, and healthy snacks. Youth will gain experience in community organizing and health education and learn about healthcare professions through their work with CHE students, and children and parents will gain a deeper understanding of the issues that affect their health and how to take small steps to improve their it.</p>		
<b>Healthy Transitions for Older Adults Pilot Project</b>		
<b>Primary University Partner</b> School of Medicine: Division of Geriatrics	<b>Primary Community Partner</b> SF Adult Probation Department	<b>Neighborhood served</b> Tenderloin, Bayview, Mission District
<b>Number of learners involved: 15</b>		
<p>The number of older adults in the San Francisco community who spend time as inmates in the County Jail has grown rapidly over the past decade. Transitioning from incarceration to the community after release from jail is challenging for every inmate but the social and behavioral health risks associated with transition (e.g. homelessness, substance abuse relapse, re-arrest) are especially profound for the growing population of older inmates. Good health, in particular, is essential for older adults transitioning from jail. Undertreated health conditions can significantly limit the time and energy available for older adults to secure stable housing, reenroll in needed benefits programs, meet the requirements of their probation, and develop or renew vital social support networks. Despite national recognition for its inmate programming, the San Francisco County jail does not offer health-related programming to address the unique needs of older inmates, nor are age-appropriate community resources highlighted in the community resources guide provided to all inmates at discharge. At the Division of Geriatrics, our fellowship programs emphasize service to the community but do not currently provide fellows with a service learning opportunity that would bring them into contact with San Francisco's most socially and medically vulnerable older adults. Thus, under the leadership of faculty member Dr. Brie Williams and with our community partners at the Department of Adult Probation, we propose to bring Geriatrics Fellows into a transitional housing pod to deliver health education and promotion workshops to older jail inmates preparing to reenter the community.</p>		

SportSmarts: Conflict Resolution Through Soccer		
<b>Primary University Partner</b> UCSF Medical Center: Pediatrics	<b>Primary Community Partner:</b> America Scores, Bay Area	<b>Neighborhood served:</b> Excelsior, Mission, Bernal Heights
<b>Number of learners involved:</b> 3		
<p><i>SportSmarts: Conflict Resolution Through Soccer</i> is a program that features a curriculum that combines soccer and role play to teach students how to manage conflict and anger with anti-aggressive behavior. This program culminates with a “Ref-Free Jamboree” soccer tournament in which students will use their new skills to resolve their own conflicts on the field. They will also present student-created role play performances featuring original skits that address the bullying and violence that students encounter on and off the soccer field. Through the program, students discover not only that athletic skill and strong bodies can help them become good soccer players, but that the ability to stay calm and respond positively in the face of adversity is what defines great players. This is a unique curriculum that draws on experiences with aggression and anger on the soccer field to help at-risk youth manage situations of conflict in their schools, families and in their larger communities. Through this direct partnership of UCSF pediatricians with the SCORES afterschool program, this project will strengthen the UCSF community’s reach by targeting a common goal to prevent violence and support overall health and well being for at-risk children.</p> <p>UCSF will work closely with America SCORES Bay Area to bring this program to 130 low-income students in grades 3-5 who attend afterschool programs in underserved San Francisco Unified School District elementary schools. Our goal is not only to help foster conflict resolution skills in a high risk student population, but also empower SFUSD teachers, SCORES coaches, and SCORES parents with aggression management skills.</p>		
Development of Advocacy and Leadership Skills Through Didactic and Experiential Activities		
<b>Primary University Partner:</b> School of Medicine: Internal Medicine Residency Program	<b>Primary Community Partner:</b> California Pan Ethnic Health Network	<b>Neighborhood served:</b> Citywide
<b>Number of learners involved:</b> 40		
<p>This project involves the partnership between two UCSF residency training programs (primary care medicine and pediatrics) based at San Francisco General Hospital, together with a community based organization, California Pan-Ethnic Health Network, whose mission is the elimination of healthcare disparities. This project would involve CPEHN leading sessions to teach residents advocacy and leadership skills, followed by legislative visits locally and in Sacramento in which the residents would utilize those skills to advocate for legislation supported by CPEHN; residents would be encouraged to utilize patient care narratives to support their positions. By supporting CPEHN, we hope to enhance advocacy efforts made by CPEHN and to assist with their work to back legislation that would improve healthcare to vulnerable populations in San Francisco and throughout the state of California. Given the curricular goals of these training programs, residents would learn specific leadership and advocacy skills and have the opportunity to practice them with feedback from CPEHN staff. It is our goal that they would continue to utilize those skills throughout their professional careers; we also hope they will learn about community partnerships and continue to foster those partnerships in their future work.</p>		

UCSF-Family Connections		
<b>Primary University Partner:</b> School of Nursing: Department of Family Healthcare Nursing	<b>Primary Community Partner:</b> Family Connections	<b>Neighborhood served:</b> Portola and Excelsior
<b>Number of learners involved: 12</b>		
<p>Unintentional injury is the number one cause of death in children and adolescents in the U.S.<sup>1</sup> There are over 12,000 injury-associated deaths per year in children. However, disparities in childhood injury are found in several studies, such as children from minority and low SES background.<sup>2-4</sup> Thus, it is critical for pediatric nurse practitioners (PNP) and pediatricians to be equipped with the knowledge and skills in developing culturally-sensitive childhood injury prevention programs in the community.</p> <p>We propose a second phase of the interprofessional (IP) partnership between UCSF School of Nursing PNP and PhD students, and School of Medicine Pediatric residents, along with Family Connections (FC), a family resource centers serving low income immigrant families in SF, to develop a continuation of the evidence-based service learning project in childhood injury prevention to the caretakers, school-age children and staff at FC. The presentations during the initial phase had the greatest impact, and the multi-media educational materials became available. FC's children showed improvements in safety awareness and staff expressed desire to create formal lessons. IP trainees expressed positive experience in their IP community involvement. Food and home safety were addressed in the first phase, and second phase will expand to transportation to media safety, based on community needs. We will design and implement sessions and incorporate within curriculum of the trainees, who will participate in facilitated groups and complete structured reflection assignments. FC will have continued culturally-sensitive injury prevention workshops with linguistically appropriate materials, and this project will support future innovative collaborations and research.</p>		
Youth Guidance Center Juvenile Justice Program Evaluation		
<b>Primary University Partner:</b> School of Medicine: Division of Adolescent Medicine	<b>Primary Community Partner:</b> Health Initiatives for Youth	<b>Neighborhood served:</b> Citywide
<b>Number of learners involved: 3</b>	<b>Associated Course: N/A</b>	
<p>Health Initiatives for Youth (HIFY) is excited to forge a partnership with UCSF by working with Learners to develop an evaluation tool for our SF Youth Guidance Center (YGC) workshops. Measuring the impact of our educational programs within the San Francisco juvenile justice system has been challenging. The environment inside YGC is highly controlled and warrants an innovative evaluation structure. YGC students are rarely allowed writing tools; hand written surveys are out of the question. UCSF Learner input would be a huge benefit to HIFY evaluation system design. Measuring the impact of programs is crucial to program design as well as funder reporting.</p> <p>Jess Lin, MPH, HIFY Board member and Research Analyst in the UCSF Division of Adolescent Medicine will lead the Learner team to coordinate UCSF Learner time. Yamini Rao, UCSF Pediatrics Resident Physician has agreed to join HIFY YGC trainings and is eager to participate in evaluation design. Aisha Queen-Johnson, MSW Program Manager, UCSF PRIME-US San Francisco General Hospital has agreed to solicit UCSF Learners who can help with research but have shorter schedules.</p> <p>UCSF Learners will determine how to best measure the impact of a health prevention education program in a juvenile justice setting. UCSF Learners will also receive training to present health education workshops at YGC with HIFY Trainers. Research opportunities include interviewing similar organizations and funders for best practice evaluation methods. Learners will work with HIFY to incorporate this YGC workshop tool into a uniform evaluation system.</p>		

Patient Voices in Wellness Promotion		
<b>Primary University Partner</b> School of Medicine	<b>Primary Community Partner:</b> SFGH Community Wellness Program	<b>Neighborhood served:</b> Mission, Tenderloin, Bayview, Potrero Hill
<b>Number of learners involved: 9</b>	<b>Associated Course: N/A</b>	<b>Interprofessional</b>
<p>San Francisco General Hospital's (SFGH) Community Wellness Program's (CWP) mission is to provide and promote innovative, culturally and linguistically accessible wellness programs and services for the SFGH community of staff, patients, their families, and all San Franciscans. Our vision is a sustainable, vibrant, healthy, engaged, and compassionate community. The CWP supports a holistic view of health in which physical, emotional, mental, social, and spiritual health are considered interconnected and essential in achieving improved health and wellness.</p> <p>The CWP's <i>Patient Voices in Wellness Promotion</i> project seeks to develop and distribute patient-centered videos in which SFGH patients serve as spokespeople promoting health and wellness strategies to their peers in SFGH's ambulatory care clinic waiting areas. The project incorporates a service learning component in which learners gain valuable exposure to some of the challenges and obstacles, as well as the strengths and abilities, of SFGH's medically underserved patient population.</p> <p>With assistance from the University Community Partnership (UCP) grant, CWP proposes to initiate, support, and sustain a Service Learning component to provide a comprehensive and intensive experience for the UCSF learners who participate through three main activities:</p> <ol style="list-style-type: none"> <li>1) Incorporating a robust service learning component to CWP's <i>Patient Voices in Wellness Promotion</i> project</li> <li>2) Engaging UCSF learners and faculty in a thoughtful, structured debriefing activity in which learners receive feedback on their self-reflections</li> <li>3) Provide learners the opportunity to be involved in all aspects of the video project – from patient outreach and recruitment to process and outcome evaluations.</li> </ol>		
Get Fit!		
<b>Primary University Partner</b> Physical Therapy	<b>Primary Community Partner:</b> Seven Tepees	<b>Neighborhood served:</b> Mission District, Potrero Hill, Bayview Hunters Point
<b>Number of learners involved: 12</b>	<b>PT 199</b>	
<p>Drawing upon best practices of the Seven Tepees' youth development model and the SFSU/UCSF Graduate Program in Physical Therapy's TeenFit program, the second year of the GetFit! service learning project will utilize and improve upon the foundation that was created during the project's first year. Many of Seven Tepees' participants are physically out of shape and do not possess an understanding of health and well-being. They are constantly bombarded with temptations, images and products that belie health and wellness and thus, the importance of continuing the project cannot be underestimated. Through the project, inner-city adolescents will learn how to take control of their own physical well-being. Learners will gain an understanding of the issues facing diverse urban youth of color and effective methods for interacting with this vulnerable population.</p>		