2010 UCP Grants Program

Large Grant	
Project Name	Hip Hop for Health
Community Partner	America SCORES Bay Area
University Partner	UCSF Department of Pediatrics, Mount Zion
Neighborhood	The Bayview, Excelsior, Mission, Potrero Hill, Visitacion Valley, and the
-	Western Addition

"Hip-Hop for Health" is an expansion of a pilot program developed in collaboration with UCSF, and will be offered for a 10-week period in the winter at 12 of the 18 elementary schools sites where SCORES is based in San Francisco. This program will offer students tools to understand the social movement behind Hip-Hop -- how artists use words, voice and rhythm to articulate messages and to express opinions and beliefs -- instead of turning to violence, criminal activity, and other deviant behaviors. In addition, the root causes of violence and its manifestation through aggressive behaviors are topics that are integrated throughout the program, offering training and tools to students and their families, as well as school site staff known as "coaches," who guide participants through the program.

Small Grants	
Project Name	Bayanihan, Mabuhay Health Center Health Education
	Component – Research
Community Partner	Bayanihan Community Center/Filipino American Development Foundation
University Partner	Mabuhay Health Center
Neighborhood	SOMA

Bayanihan, Mabuhay Health Center Health Education Research will utilize the inter-professional resources of medical, pharmacy, nursing, and dental students within UCSF, and the well-recognized Filipino-specific resources at the Bayanihan Community Center to improve the health literacy and understanding of Filipinos in the South of Market District of San Francisco. The partnership will provide health education workshops, seminars, and one-on-one counseling in order to educate community residents about relevant health issues, with a focus on language and health literacy.

Project Name	Beyond Immunizations; Improving Well-Child Visits through Parent
	Education
Community Partner	Parent University
University Partner	UCSF Pediatric Leadership for the Under Served
Neighborhood	Bayview/Hunters Point

Parent University and UCSF Pediatric Leadership for the Under Served will establish a monthly Pediatric Wellness Workshop series in Bayview Hunters Point. These workshops will focus on pertinent health topics and provide guidance for children 0-18 months. We will implement and evaluate a parent-centered health education curriculum led by pediatric residents. The long-term goal is to create a replicable, sustainable model for a community based approach to empower parents and strengthen the medical home.

Project NameCaminos a la Salud*Community PartnerCaminos Pathways Learning CenterUniversity PartnerUCSF Center for Excellence in Primary CareNeighborhoodMission District

The UCSF Center of Excellence in Primary Care (CEPC) will partner with Caminos to engage SFGH Family Health Center patients in using computer technology to improve their health. The 12-week course work will be conducted in Spanish and will range from basic digital literacy to application of skills to managing chronic conditions.

Project Name	Mercury Exposure in Fish: Health Care Provider Education and Screening
	Project (Planning Phase)*
Community Partner	Clean Water Fund
University Partner	UCSF School of Nursing Occupational and Environmental Health Nursing
	Program
Neighborhood	Bayview Hunters Point, Visitacion Valley, South of Market

The Project aims to reduce exposure to mercury in fish by vulnerable subsistence fishing communities in San Francisco. The goals of the Project are to identify populations at high risk for mercury exposure from consumption of San Francisco Bay-caught fish; develop culturally relevant interventions to reduce mercury exposure from Bay-caught fish ingestion; advocate for practice guidelines that improve quality of care related to mercury exposure.

Project Name	Dimensions Clinic: Transgender Youth Symposium
Community Partner	Health Initiatives for Youth (HIFY)/ Dimensions Clinic
University Partner	Family Community Medicine
Neighborhood	SF Citywide

This project proposes to begin a conversation among health care professionals and other interested parties who are committed to supporting comprehensive health care for self-identified transgender youth. With support from Lori Kohler, MD, Clinical Professor of Family and Community Medicine at UCSF, Dimensions Clinic staff will bring together other professionals in medicine and behavioral health to review recent literature and research, discuss clinical implications, and commit to working together to expand current treatment protocols.

Project Name	Evaluating a Behavioral Relational Intervention for At-Risk Youth
Community Partner	Seneca Center
University Partner	Robert L Hendren, DO, Director, Child/Adol Psychiatry and Vice
	Chair, Dept Psychiatry
Neighborhood	SE Sector - Bayview-Hunters Point, Outer Mission/Excelsior, Inner
-	Mission/Bernal Heights, Visitacion Valley, and Western Addition

This partnership will explore the potential for a services research (T2) partnership between the UCSF Division of Child and Adolescent Psychiatry and Seneca Center, a large, non-profit agency serving youth with mental disorders and their families in the Bay area. The goal of this collaboration would be to finalize and implement a research and evaluation plan illuminating resilience factors for youth with serious emotional and behavioral challenges in the Seneca case load. The enduring goal of this project is to determine the feasibility of developing a collaborative, outcomes service system research (T2) core that will be available to the Bay Area mental health community.

Project NameGateway Garden*Community PartnerGateway High SchoolUniversity PartnerUniversity of California, San Francisco PediatricsNeighborhoodWestern Addition

Gateway high school students, via the school Garden Club, are working on expanding a garden growing fresh fruit and vegetables on their school's blacktop. The club also holds cooking and nutrition education events for students and parents to emphasize not only the importance of good nutrition but also of family mealtime. Other goals include changing the way school lunches are delivered to create more opportunities for fresh and nutritious options for students. The school kitchen is currently non-operational and food is delivered in boxes resulting in students going off campus for fast-food or skipping lunch altogether. As multiple studies have shown the positive relationship between nutrition and education, this is one of the most important aspects of the project.

Project Name	Geriatric Medical-Legal Partnership: Planning Phase
Community Partner	UCSF/UC Hastings Consortium on Law, Science & Health Policy
University Partner	Helen Kao, Assistant Professor of Medicine
Neighborhood	SF Citywide

The medical-legal geriatric clinic is a collaborative effort designed to identify and eliminate barriers to health or health care through the use of legal tools and education. The clinic will provide free legal assistance and education to low-income elderly patients and their caregivers. It will be staffed by UC Hastings law students working under the supervision of an attorney specializing in elder law. In addition, the clinic will provide educational opportunities for UCSF health care providers to aid them in identifying legal issues which can affect patient well-being, and to better understand the legal processes which inform the practice of medicine for geriatric populations.

Project Name	HOMEY Strategic Evaluation Plan
Community Partner	Alejandra Calderon
University Partner	Dr. Geraldine Oliva
Neighborhood	Mission

Homies Organizing the Mission to Empower Youth (HOMEY) is a grassroots organization that serves atrisk Latino youth. This partnership will create an evaluation process that will measure the effectiveness of our violence prevention strategies.

Project Name	Increasing Fitnessgram's Fitness: Improving School-Based Body Mass
	Index Screening and Reporting in San Francisco Public High Schools
Community Partner	Lynda Boyer-Chu, School Nurse, George Washington High School, San
	Francisco Unified School District
University Partner	Joanna Mimi Choi, Resident, Pediatric Leadership for the UnderServed,
	Department of Pediatrics, UCSF
Neighborhood	Richmond

This partnership will work to improve school-based Body Mass Index screening. Confidential interviews with overweight and obese 10th grade students and their parents/caregivers in addition to community stakeholder input, will ultimately be used to craft an intervention to improve school-based BMI screening, reporting, and obesity management.

Project NameMicroenterprise Development and Community Health*Community PartnerWomen's Initiative for Self EmploymentUniversity PartnerMary Kreger, Dr.P.H., MPH, Senior ResearcherNeighborhoodSF Citywide

This partnership will design a survey instrument for a more extensive research project to measure the impact of microenterprise development services on the health and well-being of traditionally underserved communities of low-income women in San Francisco including: women of color, immigrants, women with disabilities, and welfare recipients.

Project Name	Painting a Healthier Smile Project
Community Partner	San Francisco Department of Public Health (SFDPH) – Child Care Health
	Project (CCHP)
University Partner	UCSF School of Dentistry, Department of Preventive and Restorative
	Dentistry, Division of Oral Epidemiology and Dental Public Health
Neighborhood	Bayview/Hunter's Point, Tenderloin, Mission, and Chinatown

UCSF dental students will be trained to provide oral health education, screenings, and fluoride varnish application to low-income preschool children in San Francisco by partnering with the SFDPH's Child Care Health Project (CCHP), which provides basic health prevention and education to over 3,000 children attending state-subsidized, low-income preschools.

Project Name	Sharing Survival Stories
Community Partner	Planning for Elders in the Central City (PECC)
University Partner	Elena Portacolone
Neighborhood	South of Market, the Tenderloin, the Mission, Excelsior, Chinatown,
	Bayview/Hunters Point

Planning for Elders and Elena Portacolone, a UCSF PhD candidate in Medical Sociology, will collaborate to document 11 stories of older adults and people with disabilities related to accessing long term care services in San Francisco, like Paratransit and In-Home Supportive Services. These accounts will highlight (1) any struggles to access long term care services; (2) how advocacy and education fostered self-empowerment; (3) what type of action is required to maintain these services. The stories will appear in the Planning for Elders monthly newsletter, which reaches over 1000 people, as well as in other publications of the organization. Ms. Portacolone will collect the stories, and will utilize the data collected as part of her research on isolation and loneliness in San Francisco. This collaboration will (1) expand the understanding of the impact of services among older adults and people with disabilities and of any gap in the access of these services; and (2) strengthen the work of Planning for Elders by highlighting the importance of advocacy, education, and self-empowerment in the struggle for a strong safety net.

Project Name	Transgender Economic Empowerment Initiative (TEEI)
Community Partner	San Francisco LGBT Community Center
University Partner:	Joanne Keatley, MSW Center of Excellence for Transgender HIV
	Prevention
Neighborhood	SF Citywide

"TEEI Healthcare Career Forum: Training Opportunities and Careers in the Healthcare Industry," will include panel discussions and a resource fair to help transgender jobseekers learn about and explore careers in healthcare. Panelists will include UCSF faculty and administrators and other prominent health care industry leaders to discuss opportunities in the field. The resource fair will feature partners such as healthcare employers, community colleges, unions and non-profit workforce development service providers, which is the most current approach to helping jobseekers gain skills needed to build careers in this growing field. Participants will be exposed to a variety of training programs focusing on nursing, medical assisting, environmental services, and administrative positions in the healthcare field.

Project Name	The New Sexual Health Module of the Adolescent Provider Toolkit Series
Community Partner	Adolescent Health Working Group (AHWG)
University Partner	Nursing Leadership in Adolescent and Young Adult Health (NLAYAH)
Neighborhood	Bayview, Mission

The AHWG will collaborate with the UCSF Nursing Leadership in Adolescent and Young Adult Health to deliver community based training for San Francisco adolescent health providers.

Project Name	Training Pediatric Residents in Providing a Patient-Centered Medical Home
	for Children with Special Health Care Needs
Community Partner	Support for Families of Children with Disabilities
University Partner	UCSF Children's Hospital
Neighborhood	SF Citywide

The purpose of the project is to design and implement a series of four workshops for pediatric residents at UCSF Children's Hospital that incorporate perspectives of patients and their families and communitybased organizations. The goal is to improve pediatric resident knowledge, attitude, and behavior regarding patient-centered medical home (PC-MH) for children with special needs.

Project Name	UCSF Without Walls: Addressing Health Disparities in Our Communities
Community Partner	Chinatown Public Health Center
University Partner	UCSF Without Walls
Neighborhood	Chinatown, Mission District, Bayview/Hunters Point

UCSF Without Walls is a collaborative effort among UCSF learners, faculty and staff, and multiple community-based organizations. Our goal is to strengthen partnerships between health professional students and local communities through educational site visits and community engagement projects. The visits are designed to educate UCSF learners about specific health needs and resources of various San Francisco communities, to facilitate community voice in educating UCSF students on local histories and health and wellness issues, and to provide the community with opportunities to visit and learn about UCSF campuses and programs. In addition to site visits, the community engagement projects will provide students with opportunities to identify and address health disparities.

Project Name	Women Outreaching to Visitors to Evaluate their Needs
Community Partner	Centerforce
University Partner	Health Access Program for Prevention, Empowerment and Networking for
	Women
Neighborhood	SF Citywide

The Women Outreaching to Visitors to Evaluate their Needs (WOVEN) focus group aims to determine the health concerns and challenges of female residents of San Francisco who are visiting men at San Quentin State Prison.