



*"Building Bridges for a  
Healthy San Francisco"*

UCSF Community Partnership  
Resource Center

# **GRIEF SUPPORT AND RECOVERY AFTER HOMICIDE 2009**

**A Manual for Survivors and Providers**

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## Introduction

Many of us who put this guide together have experienced violence and the loss of our loved ones firsthand. We know there are many things you need to help you through this time, and not all of it will be found in this guide. For example, you may feel angry and may even have thoughts of ‘revenge’. We have heard mothers speak to the friends of their sons, pleading that they not commit violence in the name of their lost sons, begging that these friends not force this pain on another mother, asking that they not throw away their lives by becoming murderers themselves. Here you will find organizations that can help the families of those who have been killed and community leaders who have experience in creating a space for a mother or a father to share these same words with the friends and family of his lost child. And, you will find other resources that people who work with victims of violence and homicide consider to be very helpful.

## How To Use This Manual

This manual was designed for those whose friend or loved one was murdered. It is laid out in a timeline, starting with resources during the initial crisis to long-term recovery support. Most of these resources are based in San Francisco, but not all of them.

Please find the *table of contents* on the next page to help you navigate the manual.

Also, an *index* is provided at the end of the manual that lists resources alphabetically.

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## Your Feedback Matters

Please help us improve this manual. Please let us know if:

- The layout of this manual could be changed
- We are missing a valuable resource
- The manual needs another section of resources
- The manual is not accessible

Please contact us with any of your comments; your feedback helps us make improvements to future editions.

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***Please check our website where we will post additions and corrections to this guide!***

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## SUPPORT AND RECOVERY AFTER HOMICIDE

### The First 24 hours



#### What should I do now? What can I expect?

There are many things you may need to think about now, and later too. You may wonder who you can talk to for emotional help. You might ask about practical problems too. Where is your loved one's body? How can you pay for the funeral? How can you get police to help you?

This booklet will show you what you can do for help right now, and what you can do to help with other problems later. We know that nothing can bring back your loved one. But maybe we can help you during this difficult time.

**Please go to our website:** [www.partnerships.ucsf.edu](http://www.partnerships.ucsf.edu) to download our **Survivor's Aftermath Plan** for the first few days. There is a worksheet there to develop your plan and it includes information **that is not in this manual**. You should use that worksheet with this manual.

#### I can't believe this has happened. Who should I talk to?



- **Step 1: Am I safe right now?**

If you feel unsafe, you should **call 911** now and explain what happened. They can get you medical and police help. Also you can call San Francisco General Hospital's emergency line at **415-206-8111**.

- **Step 2: I am safe, but I am in shock. What can I do?**

If you are at San Francisco General Hospital, one of the *Social Workers* in the emergency room will speak with you. You can reach that hospital at **415-206-8111**. The **social worker** will give you a list of people you can call right away. If you are not there, you can call the people listed below.

- **Crisis Response Service (CRS):** These are services provided by the Department of Public Health of San Francisco. CRT Crisis Responders provide emotional support, funeral assistance, and other support service referrals for crime victims and their families.

Contact: 415-970-3843

Address: 3801 3rd Street, #400, San Francisco, CA 94124

Supervisor: (415)-970-3843

Contacts: (415)-970-3995

(415)-970-3861 / FAX: (415)-970-3855

Languages: English, Cantonese, Spanish and Tagalog on staff and a language line available which can provide access to over 100 languages.

- **Community Response Network (CRN):** A group of organizations that works together to prevent or respond to community violence. CRN also provides assistance to people who need help leaving a violent lifestyle. Provides: crisis response, care management services and development, street level outreach.

*Contacts:* Bayview-Hunter's Point-Potrero Hill: (415) 676-9840

*Mission:* (415) 487-3257

*Western Addition:* (415) 255-2001

*Visitacion Valley:* (415) 573-6338

*Asian Pacific Islander:* (415) 775-3626

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- **Comprehensive Child Crisis Services:** Can help your children, and you, to access emotional support and other help right away.

*Contact:* (415) 970-3800

*Address:* 3801 3rd St., Suite 400, San Francisco, CA 94124

- **San Francisco Suicide Prevention:** You can reach them 24 hours per day. They have a phone line in English and Spanish to help you with an emotional crisis. You can call them even if you are not sure you are suicidal.

*Contact:* (emergency) 415-781-0500; (non-emergency) 415-984-1900

*Website:* <http://www.sfsuicide.org/>

*Languages:* Interpreter service for many languages.

- **Alameda 24-hour crisis hotline:** Offers support to people of all ages and backgrounds during times of crisis. Works to prevent suicide and offer hope and caring during times of hopelessness.

*Contact:* 1-800-309-2131

*Address:* Crisis Support Services of Alameda County, P.O. Box 3120 Oakland, CA 94609

*Website:* [www.crisissupport.org](http://www.crisissupport.org) and for other counties <http://www.lscsf.org/>

*Languages:* Interpreters available to translate in approximately 50-100 languages.

- **National suicide hotline:** You can reach them 24 hours a day also. They will help you find a crisis center in your area, where you can get emotional support. You can call them even if you are not suicidal.

*Contact:* 1-800-SUICIDE

*Languages:* Creole, English and Spanish

- **Talk Line at Family Support Center:** Promotes healthy families through a 24-hour crisis line 415-441-KIDS, parent drop-in child care from 9am-2pm, job support, group and individual counseling for parents and children under the age of 18 and other services.

*Contact:* (415) 387-3684, Email: [talkline@sfcapc.org](mailto:talkline@sfcapc.org)

*Address:* 1757 Waller Street, San Francisco, CA 94117

*Languages:* Chinese, English, Japanese, Spanish and an interpreter is available to provide services in many languages.

## A Day or Two after



### Where is my loved one?

Your loved one has probably been brought to the San Francisco Medical Examiner's Office. This office examines your loved one's body and tries to find out what happened. That way, if a crime was committed, they can find information to bring people to justice. Your loved one can be collected by the funeral home of your choice.

### San Francisco General Hospital Emergency Room

*Contact:* (415) 206-8111 ext. 5514

SFGH Emergency Services, 1001 Potrero Avenue, Suite 1E21 San Francisco, CA 94110

*Languages:* Interpreter available to translate in many languages.

### San Francisco Medical Examiner's Office

*Contact:* 415 553-1694; (Fax) 415-553-1650

*Address:* Hall of Justice, 850 Bryant Street - North Terrace, San Francisco

### How can I pay for a funeral?

### Who might help me pay my other bills?



**You may get help to pay for some costs associated with this tragedy.** The California Victim Compensation and Government Claims Board (VCGCB) may provide you with help to pay for some of these expenses. Some of the costs they cover include burial and funeral, relocation (moving), loss of support for dependent children or wage loss if you missed work as a result of the murder. Separate from other help, they provide up to \$7,500 just for burial and funeral. This program will also provide payment for mental health services for the family for a while after the death.

- **It is important to apply in the first few days.** You may be eligible for an emergency award. **Save all receipts for all expenses during this time; some of this may be reimbursed by VCGCB.** You have up to one year to file your claim.
- Victim's Compensation in CA: 1-800-777-9229. Website: [www.vcgcb.ca.gov](http://www.vcgcb.ca.gov)

Workers from the following organizations may be able to help you access other support.

- **Crisis Response Team (CRT):** These are services provided by the Department of Public Health of San Francisco. CRT Crisis Responders provide emotional support, funeral assistance, and other support service referrals for crime victims and their families.

*Contact:* 415-970-3867

*Address:* 1305 Evans Ave., Room 9, San Francisco, CA 94102.

*Languages:* English

- **Visitation Valley Network for Survivors of Violence:** This is a network of community leaders and providers who provide support for families affected by community violence with a focus on the Visitation Valley/ Sunnydale communities.

*Contact:* 415-239-4605

*Address:* 1099 Sunnydale Ave., 3<sup>rd</sup> floor, San Francisco, CA 94134

*Languages:* Chinese, (Cantonese), English, Samoan and Spanish.

- **Office of the District Attorney:**

Hall of Justice

850 Bryant Street, Room 325

San Francisco, CA 94103

*Contact:* (415) 553-1752

*Languages:* English, Chinese and Spanish.



## Days to Weeks

### I want justice for my loved one. Where can I get legal help?

- **San Francisco District Attorney's Office - Victim Services:** Provides numerous, comprehensive services through the Victim Services division, which provides witness assistance, victim compensation, assistance with family violence issues, and other services related to legal concerns, burial, grief counseling, and shelter. There are also services specific for children. You may get assigned to a victim advocate who can help you access services.

*Contact:* (415) 553-9044

*Address:* 850 Bryant Street, Room 320, San Francisco

*Website:* <http://www.sfdistrictattorney.org/page.asp?id=29>.

*Languages:* English, Cantonese, French, Mandarin, Spanish, and Vietnamese, and there is a language line which gives access to many other languages.

- **Citizens Against Homicide (CAH):** A Bay Area group that is a subsidiary of the national group Justice For All. CAH is run by family members of murder victims and provides legal support and guidance to families seeking justice.

*Contact:* 415-455-5944, e-mail [vctmsmurdr@aol.com](mailto:vctmsmurdr@aol.com)

*Address:* PO Box 2115, San Anselmo, CA 94979. *Monthly meetings* on the second Sunday of the month at 301 4<sup>th</sup> St, San Rafael, CA, at 10 am.

*Website:* CAH: <http://www.murdervictims.com/CAH.htm>

*Website:* Justice for All, based in Houston, is at <http://www.jfa.net/contact.html>.

*Languages:* English, Cantonese, Mandarin and Spanish

- **Asian Law Caucus:** Provides legal representation and counseling specializing in the following areas: housing discrimination and landlord/tenant issues; employment rights; immigration, hate crimes, senior rights, police misconduct, voting rights, government

benefits, and other civil rights issues. Offers legal clinics on various topics. Call for times and locations. Provides community education through pamphlets, workshops, presentations to schools and other institutions.

*Contact:* 415-896-1701; Fax 415-896-1702

*Address:* 939 Market Street, Suite 201. San Francisco CA 94103

- **Crime Victims United of California:** Works within the legislative process to ensure the enforcement of the laws and advocates for public safety legislation. Offers support to victims including telephone sympathy and support line, personal contact, support groups; court-room and trial-day support, information about available programs; assistance in obtaining benefits; judicial procedures alerts; and public education and information. Also provides a speakers bureau. Meetings are held at 6:30 p.m. on the first Wednesday of each month at 475 Eucalyptus Drive (near 23rd Avenue).

*Contact:* 916-928-4797; Fax 916-928-4797

*Address:* 1346 N. Market Boulevard, Sacramento, CA 95834

*Languages:* English.

- **Bar Association of San Francisco:** Provides pro bono legal services for family law, eviction, probate, bankruptcy, and collection defense through the Volunteer Legal Services Program (VLSP). These may include legal assistance for domestic violence matters, evictions, or problems related also to homelessness.

*Contact:* 415-989-1616

*Address:* Intake clinics:

1. Second Saturday of Each month (10:30-12pm): Legal Advice and Referral Clinic (LARC), a free, monthly walk-in legal clinic at the SF Public Library main branch (100 Larkin Street at Grove Street Civic Center, San Francisco)

2. Last Saturday (10:30 am-12 pm): Providence Baptist Church of San Francisco, 1601 MacKinnon Ave, San Francisco

*Websites:* <http://www.sfbar.org/>; <http://www.probono.net/sf/>

*Languages:* Cantonese, English, Mandarin, Russian, Spanish, and Vietnamese.

**A week has gone by. I have buried my loved one.  
My pain is still too much. Who can I talk to now?**



- **CLAER:** Provides support and advice to survivors of violence, such as therapists, relocation, bills and funeral costs, property repair, job training, food, and child care. Focuses on those who lost family and friends to violence, or have survived or witnessed attacks.

*Contact:* (415) 333-3017

*Address:* 1099 Sunnyvale Ave., San Francisco.

*Website:* <http://www.sfsu.edu/~icce/programs/partnerships/claer.html>



- **Japanese Family Service Program:** Provides counseling and crisis intervention to individuals, couples, families and groups. Bicultural and bilingual Japanese professionals assist with marital problems; parent-child communication; school difficulties; personal growth; aging; loss; depression; anxiety; problems of daily living and mental illness. Provides consultation and information to groups, agencies and individuals concerned with the aspects of mental health issues and Asian cultures.

*Contact:* 415-474-7310; fax 415-775-7327

*Address:* 1255 Post Street, Suite 600. San Francisco CA 94109

*Languages:* English and Japanese.

### **Support groups for families of murder victims:**

- **SFGH Trauma Recovery Center:** Medical, counseling and case management services to survivors of violence and recovery for homicide survivors, for the families, individual and group therapy and assistance financial entitlements. Community Served: All sexual assault survivors who are residents or persons assaulted in the area.

*Contact:* 415-437-3000

*Address:* 2727 Mariposa St., Suite 100, San Francisco, CA 94110

*Languages:* English, Mandarin and Portuguese.

- **Justice for Murder Victims:** Provides advice and emotional support on the legal process, other support for victims' families, and advocacy for new legislation. Meets the first Wednesday of every month.

*Contact:* (415) 731-9880; email [vocal@vocal-jmv.org](mailto:vocal@vocal-jmv.org)

*Address:* P.O. Box 16670 San Francisco, CA 94116

*Website:* <http://www.vocal-jmv.org/>

- **Healing Circle for the Soul:** A support group that provides sharing, healing, action, for both survivors and victims' families. "Start the Healing and Stop the Killing." The healing circle meets every other Thursday at 7-9 pm.

*Contact* George Jurand (415) 516-1635 or Mattie Scott (415) 292-0650

*Address* Paradise Baptist Church, 2<sup>nd</sup> floor, 2595 San Jose Ave, San Francisco

*Languages:* English and Spanish.

- **GriefNet:** A national organization that deals with grief and loss through an internet community, such as e-mail support groups. You can also create online memorials and connect to local organizations in some communities depending on your specific needs.

*Address:* PO Box 3732, Ann Arbor, MI 48106

*Website:* [www.griefnet.org](http://www.griefnet.org)

- **Kara Grief Support and Education for Our Community:** Provides grief support such as individual peer counseling, support groups, crisis interventions on-site, and referrals to other organizations for those dealing with death and dying.  
*Contact:* 650-321-5272  
*Address:* 457 Kingsley Ave, Palo Alto, CA 94301  
*Website* <http://www.kara-grief.org/>  
*Languages:* English
- **Healing Heart:** A website with resources for grief support that includes monthly newsletter, penpals, links, and advice for those whom have lost their children.  
*Contact:* [pmankle@comcast.net](mailto:pmankle@comcast.net).  
*Address:* 19627 284<sup>th</sup> St. SE, Kent WA 98042  
*Website:* [www.healingheart.net](http://www.healingheart.net)
- **Mothers of Murdered Sons/Daughters (MOMS):** An online forum with links to poetry, essays, and other resources for healing.  
*Website:* <http://www.moms.memorial-of-love.net/>
- **National Organization of Parents of Murdered Children:** The only national helping organization which is specifically for the survivors of homicide victims and which follows up with supportive family services after the murder of a family member or friend. There are local chapters in the East Bay and South Bay  
*Contact:* (toll free) 888-818-POMC; (East bay chapter) Evelyn McGann - (510) 232.2798, email [evmcca@aol.com](mailto:evmcca@aol.com); (South bay chapter) Claudia Place at (831) 426-0874  
*Website:* (national) <http://www.pomc.com/> (local chapter) <http://www.pomc.com/california.cfm>.
- **CHALK San Francisco**  
965 Mission Street, Suite 520  
San Francisco, CA 94103  
(415) 977-6949 phone  
(415) 977-6950 fax  
(888) 977-3399 Youthline  
*Languages:* English, Cantonese and Spanish.

**Other emotional support:**

- **Community Behavior Health Services 24-hour Hotline:** An access phone number, in multiple languages, for the SF Mental Health Access Line.  
*Contact:* (415) 255-3737 (toll free) (888) 246-3333  
*Website:* <http://www.dph.sf.ca.us/PHP/MHP.htm>  
*Languages:* English, Mandarin, Russian, Spanish, Tagalog, and Vietnamese.

- **Family Service Agency SF:** Services include case management, therapy for survivors of violence, child care; help for offenders and tenants facing evictions. Also: enrichment programs for children and emotional support for elderly.  
*Contact:* (415) 282-1090  
*Address:* 2730 Bryant Street, San Francisco, CA 94110  
*Website:* <http://www.fsasf.org/>  
*Languages:* Chinese, English and Spanish.
- **Instituto Familiar de la Raza:** A continuum of mental health, HIV-related and social services, case management, clinical mentoring, family support, comprehensive behavioral health services, and cultural/spiritual activities and practices for the SF Latino Community.  
*Contact:* 415-229-0500  
*Address:* 2919 Mission St, SF CA 94110  
*Website:* <http://www.ifrsf.org/>  
*Languages:* English and Spanish.
- **Richmond Area Multi-Services (RAMS):** Provides mental health support, vocational support, and social and educational services to Asian & Pacific Islander American and Russian-speaking populations in the SF Bay Area. Services are available in English, Russian, and several Asian languages. Individual and group therapy for adults and children is available, as well as medication and other resources.  
*Contact:* (415) 668-5955  
*Address:* 3636 Balboa St., SF CA 94121  
*Website:* <http://www.ramsinc.org>.  
*Languages:* Cambodian, Cantonese, English, Japanese, Korean, Mandarin, Russian, Tagalog, Thai, and Vietnamese.
- **CARECEN:** Provides an array of family services to the community with expertise in serving Latino immigrants. Provides an after-school obesity prevention program for ages 9-16. Dental clinic is open 8:30am-5:00p.m and La Clinica Martin Baro serves the uninsured on Saturdays from 9:00am-2:00pm. Other services include tattoo removal, medical and dental services. Legal services are provided, sliding scale; consultations can cost as little as \$10.  
*Contact:* (415) 642-4400  
*Address:* 1245 Alabama Street, San Francisco, CA 94110  
*Website:* <http://www.carecensf.org/>  
*Languages:* English and Spanish.
- **University of San Francisco (USF) Center for Child and Family Development:** Provides Low-fee consultations and counseling for individuals, families and couples. Also provides psychological and academic testing for children.  
*Contact:* (415) 239-9300  
*Address:* 36 Monterey Boulevard, San Francisco, CA 94131  
*Website:* <http://www.soe.usfca.edu/institutes/ccfd/index.html>  
*Languages:* English.

- **211:** Provides an access hotline for people in need of health, human services, and crisis services, and community referrals.

*Contact:* 800-273-6222 or call 211 to access actual services.

*Address* 221 Main St., SF CA 94105

*Website* is <http://www.211bayarea.org/>

*Languages:* English, Spanish, Cantonese and access too many languages through interpreter service

- **Lifemark Group:** A web listing for Grief Support Information by region.

*Website:* [http://www.lifemarkgroup.com/grief\\_resources.html](http://www.lifemarkgroup.com/grief_resources.html)

- **Compassionate Friends:** A nationwide organization providing support to relatives of children who have died.

*Website:* <http://www.compassionatefriends.org>.

- **Web listings for other Mental Health Services**

<http://www.supportforfamilies.org/resourceguide/assessments.html>.

[http://www.icacademy.org/academics/departments/guidance/personal\\_counseling.php](http://www.icacademy.org/academics/departments/guidance/personal_counseling.php)

[http://www.stopaids.org/resources/std\\_info/mental\\_health.html](http://www.stopaids.org/resources/std_info/mental_health.html)

## Weeks to Months

### Who will help me with my other needs? Caring for my children?



#### Children's Emotional Needs:

- **SFGH Child and Adolescent Services (CAS):** Provides outpatient mental health services to children and youth from birth through age 18. Services are provided at San Francisco General Hospital

*Contact:* (appt) 206-4444 (questions) Shelle Liberton [libberton@sfdph.org](mailto:libberton@sfdph.org)

*Website:* <http://psych.ucsf.edu/sfgh.aspx?id=468>

- **Gum Moon Residence Hall:** Offers a "Survival English Class," which includes conversational English, American culture, and survival skills. Provides a Parent-Child Development Program offering structured pre-school activities for immigrant children; speech and mental health screening, assessment and treatment; and support groups for immigrant parents for developing parenting skills. A summer school provides learning, socialization and English tutoring for low-to moderate-income school children through daily classes, cultural outings, and recreational activities. At-risk youth participate in the program by becoming teachers' aides and attending youth leadership workshops.

*Contact:* 415-788-1008; fax 415-397-6836

*Address:* 940 Washington Street. San Francisco CA 94108

*Languages:* English, Chinese and Vietnamese.

- **Community Youth Center:** Provides crisis intervention, individual and family counseling and case management to youth and their families. Provides the following services as part of the intake process: case management; information and referral; and crisis intervention. Provides substance abuse prevention services that include education, support groups, recreational and social activities. Provides delinquency and gang prevention services including support groups, outreach, presentations, parenting workshops, recreational activities and after-school programs.

*Contact:* 415-775-2636; fax 415-775-1345

*Address:* 1237 Van Ness Avenue, Suite 200. San Francisco CA 94109

*Languages:* English, Cantonese, Mandarin, Toichanese, Vietnamese, Tagalog, Indonesian, Samoan.

- **Brothers Against Guns:** Provides a multi-aged system of care for youth residing in Bayview Hunter's Point. The CARC (Community Assessment and Referral Center) program offers alternative to incarceration for youth 12-17 arrested for a variety of criminal offences. IHBS provides concentrated case management to youth identified by the juvenile courts as high risk to re-offend.

*Contact:* 415-920-7030

*Address:* 8 West Point Road, San Francisco, CA 94124

*Languages:* English and Spanish

- **CHALK San Francisco**  
965 Mission Street, Suite 520  
San Francisco, CA 94103  
(415) 977-6949 phone  
(415) 977-6950 fax  
(888) 977-3399 Youthline  
**Website for Youth Services**  
<http://www.youthline.org/>

- **Bayview Hunters Point Foundation for Community Improvement, INC.:** Provides substance abuse and mental health treatment, youth services, violence prevention / intervention and HIV/AIDS support services.

*Contact:* (415) 468-5100

*Address:* 150 Executive Park Blvd., Suite 2800, SF, CA 94134

- **Family Mosaic:** Offers intensive care management and wraparound services for children and youth living in San Francisco, who have been identified as having severe emotional and/or behavioral difficulties that place them at risk for out-of-home placement.

*Contact:* 415-206-7600

*Address:* 1309 Evans Avenue, San Francisco, CA 94124

*Languages:* English, Cantonese and Spanish.

- **GIRLS 2000** is a holistic program designed for girls aged 10 through 18 and their families living in the Hunters Point public housing developments. The philosophy of the program is “All children can succeed if they have the proper tools and guidance”. Every service and activity is designed to provide young women with experiences that give them strength to overcome obstacles, hope to dream about the future, and confidence to achieve those dreams. Services: computer instruction; academic tutoring; group, individual, and family counseling; girls support; career mentoring and employment development training; life skills classes including cooking, breast cancer awareness, drug education, sex education, pregnancy prevention, nutrition, and other health issues; field trips; art and dance classes and projects; community gardening and beautification; and supervised Friday night outings.

*Contact:* 415-822-8895

*Website:* [www.hunterspointfamily.org/girls.html](http://www.hunterspointfamily.org/girls.html)

*Languages:* English

- **California Children’s Services (CCS):** Specialized medical care and rehabilitation services including diagnostic services, hospitalization, physical and occupational therapy, medical equipment, laboratory test and x-rays, in-home nursing services, and medical case management for children under 21 years of age with certain physically disabling conditions. Some families may be required to pay an annual assessment fee (\$20) and/or annual enrollment fee based on family size and income.

*Contact:* San Francisco Department of Public Health, California Children Services at (415) 575-5700 for information, to apply, and for referrals to CCS providers.

*Languages:* English, Cantonese, Spanish and Vietnamese.

- **Curry Senior Center:** Provides a variety of health and social services for seniors. Sponsors a health clinic including medical and podiatry care, health screenings, substance abuse treatment, and education programs.

*Contact:* 415-885-2274; fax 415-885-2344

*Address:* 333 Turk Street. San Francisco CA 94102

*Languages:* English and also Cantonese, Spanish, Mandarin, Vietnamese and Tagalog by arrangement.

- **Donaldina Cameron House:** A faith-based community center located in Chinatown which provides a variety of services for the Asian American community. Services include individual counseling, support for women who are victims of domestic violence (counseling, case management, advocacy and court accompaniment), counseling for children who have witnessed domestic violence, job placements, and layettes for infants and food baskets for eligible families. Conducts support groups including cancer support held in Cantonese and single mother support group in Cantonese.

*Contact:* 415-781-0401; fax 415-781-0605

*Address:* 920 Sacramento Street. San Francisco CA 94108

*Languages:* Cantonese and English.

- **Vietnamese Youth Development Center:** Provides youth development and related services targeted towards Vietnamese Americans living in the Tenderloin. Provides employment

services for youth, 14 to 21 years of age, offering part-time work experience, job readiness workshops, counseling, academic monitoring, and other support services during the school year and summer. Participates in the Mayor's Youth Employment and Education Program (MYEEP). Provides individual and group counseling, case management, and services for at-risk youth and their families.

*Contact:* 415-771-2600; fax 415-771-3917

*Address:* 150 Eddy Street. San Francisco CA 94102

*Languages:* Cambodian, Chinese dialects, English, and Vietnamese.

- **West Bay Pilipino Multi-Service Center:** Provides comprehensive supportive services primarily to Filipino and Filipino-American youth and residents of the South of Market District. Services include: Asian Youth Prevention Services (AYPS), which provides substance abuse assessment, prevention and referral for middle and elementary school students; mental health services, case management, and recreational activities; and Asian American Communities for Education (AACE) which provides academic counseling and assistance with college applications and financial aid. Lead agency for the South of Market Teen and Family Center collaborative. West Bay provides speakers on youth substance abuse issues.

*Contact:* 415-431-9336; fax 415-431-9336

*Address:* 180 7th Street. San Francisco CA 94103

- **Child Trauma Recovery project:** Part of SFGH Child and Adolescent Services (CAS) that offers assessment and treatment to children from birth through the age of five who experience domestic violence or other interpersonal trauma.

*Contact:* (appt) 206-4444

*Address:* SFGH, 1001 Potrero Avenue, Suite 2100, San Francisco, California 94110

*Website:* <http://psych.ucsf.edu/research.aspx?id=1554>

*Languages:* English, some French and Spanish.

- **3<sup>rd</sup> Street Youth Center Clinic:** Offers comprehensive health care including physicals and sexual health by appointments and drop-ins. Confidential Services are free for all youth. Other Services include primary care for youth with qualifying MediCal plans, physicals for sports or school, sick care for routine illnesses, referrals for specialists and testing for general health complaints. Counseling services are also provided for individual or family counseling. Case management is also offered. The Clinic also has groups and activities: Pregnant and Parenting Girls Group, Boys Boxing Group, VIP Girls (Violence is Preventable) and 3<sup>rd</sup> Street Outreach Squad.

*Contact:* 415-822-1707

*Address:* 5190 Third Street, San Francisco, CA. 94124

*Web:* <http://www.3rdstyouth.org/who.html>

- **California Youth Crisis Line:** Peer counseling and suicide hotline 24/7.

*Contact:* 1-800-843-5200; email [info@calyouth.org](mailto:info@calyouth.org)

*Website:* <http://www.youthcrisisline.org/>

- **Comprehensive child crisis:** Evaluate for involuntary hospitalization, up to 30 days of crisis case management, crisis intervention services, and referrals to community based programs

*Contact:* 415-970-3800 available 24 hours

*Address:* 3801 3<sup>rd</sup> st, Suite 400, San Francisco, CA 94124

*Languages:* Chinese, English and Spanish.

- **Mission Family Center:** Provides mental health services to both individuals and families, focusing on the needs of adolescents and children.

*Contact:* 415-695-6955

*Address:* 759 South Van Ness Ave., San Francisco, CA 94110

*Languages:* English and Spanish.

- **Mission Mental Health Clinic:** Provides urgent care services, crisis intervention, outpatient short and long-term psychotherapy, and medication support and monitoring.

*Contact:* 415-401-2700

*Address:* 111 Potrero Avenue, San Francisco, CA 94103

*Languages:* English and Spanish.

- **Kids' Turn:** Provides emotional support to children and parents dealing with divorce, through educational programs

*Contact:* 415-437-0700 or toll-free 800-392-9239

*Address:* 1242 Market St., 2<sup>nd</sup> floor, SF CA 94102,

*Website:* [www.kidsturn.org](http://www.kidsturn.org)

*Languages:* English, Chinese and Spanish.

### **I need child care to help me cope:**

- **Child Development Program:** A service of the San Francisco Unified School District that provides early childhood education programs for the children of people working, in job training, or in school. English, Spanish, and Chinese languages spoken.

*Contact:* 415-750-8500

*Address* 20 Cook St., 2<sup>nd</sup> floor, Room 4, SF CA 94118.

*Website:*

[http://portal.sfusd.edu/template/default.cfm?page=instructional\\_support.child\\_development.Overview&showAll=yes](http://portal.sfusd.edu/template/default.cfm?page=instructional_support.child_development.Overview&showAll=yes).

*Languages:* English, Chinese and Spanish.

- **Mission Neighborhood Centers, Inc.:** Strives to improve the quality of life in the greater Mission Community of San Francisco by providing culturally sensitive human services that



both support and empower individuals and families. Childcare/Headstart, Youth and Senior Services.

362 Capp Street, San Francisco, CA 94110

E-mail: [info@mncsf.org](mailto:info@mncsf.org)

Tel. 415-206-7747

Fax: 415-647-6911

*Languages:* English and Spanish.

- **CCSF State Preschool Program:** Operates preschool sites throughout San Francisco for income eligible families with need. There are four full-day, three part-day, and one toddler program. The part day program requires three hours per week of parent participation. The part-time programs operate on City College's academic calendar with no summer class.  
*Contact:* 415-561-1895
- **Wu Yee Children's Services:** Offers child care, children's, youth and provider services. Provides child care referrals and information, parenting education, and parent-child support groups. Offers a multi-lingual lending library for children, parents, and child care professionals at the 706 Mission Street location. Operates child care centers in the Tenderloin, Chinatown, North Beach and Visitacion Valley. Publishes a quarterly newsletter.  
*Contact:* 415-391-4721 Fax: 415-391-4716  
*Address:* 831 Broadway Street, 2nd Floor. San Francisco CA 94133  
*Languages:* Cantonese, English, Mandarin, and Spanish.
- **Children's Council:** Provides childcare and pediatric mental health, food assistance, and other assistance for children from low-income families or those at risk for abuse or neglect. Spanish and Mandarin also spoken.  
*Contact:* 415-276-2900, referral line 415-343-3300  
*Address:* 445 Church St., SF CA 94114, open 8:30 am-5 pm Monday to Friday  
*Website:* <http://www.childrenscouncil.org>.  
*Languages:* English, Russian and Spanish.
- **Companeros del Barrio:** Provides preschool care and child care to Latino families.  
*Contact:* 415-431-9925  
*Address:* 474 Valencia St., SF CA 94103  
*Languages:* English and Spanish.
- **Mission Child Care Consortium:** Provides a day care center that offers developmental and educational activities in a multilingual environment. Open 7 am-6 pm and speaks English, Spanish, Chinese, and Tagalog. Fees are based on a sliding scale, and the parents must be working, in school, or otherwise busy for more than 32 hours per week.  
*Contact:* 415-586-6139  
*Address:* 4750 Mission St. SF CA 94112  
*Languages:* English, Chinese, Spanish, Tagalog and Vietnamese.

- **Mission Children’s Center:** Provides childhood education for the entire school district for children age 3-5 in both English and Spanish, from 7:30 am to 5:30 p.m. Parents must be working or attending school and low-income

*Contact:* 415-750-8507

*Address:* 421 Bartlett St., SF CA 94110

- **San Francisco Head Start:** Provides education to young children as well as limited preventive health services and education, and other efforts aimed at the long-term development and education of preschool children. Special programs are available for children with disabilities or other challenges. Nutrition counseling and school meals also available.

*Contact:* 415-405-0500

*Address:* 205 13<sup>th</sup> St., #3280, San Francisco CA 94103 (Main Office)

*Website:* <http://www.sfheadstart.org>

*Languages:* English, Chinese and Spanish.

- **First 5 San Francisco:** Provides free half-day preschool education for four-year-olds through the Preschool for All program, regardless of income. They also offer other “early care and education” programs, family support programs to assist struggling parents, and some referrals to pediatric health services.

*Contact:* 415-934-4849.

*Address:* Fox Plaza, 1390 Market St., SF CA 94102.

*Website:* <http://www.first5sf.org>

*Languages:* English and Spanish and may have different language capacity at other sites.

- **San Francisco After-School for All:** A city-wide collaboration that provides funding for more than 300 safe, and quality afterschool programs for all children in San Francisco where activities and events are tailored to the interest and needs of local neighborhoods through the SF Department of Children, Youth, and Families, DCYF.

*Contact:* 415-437-6174

*Website:* <http://www.healthiersf.org/ExCELafterschool/About/ab-initiatives.html>

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Notes

Lined area for writing notes, consisting of 20 horizontal lines.



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